

Bio

Holly Duckworth, CAE, CMP, LSP is a trailblazing keynote speaker and applied mindful leadership advisor. As a contributor to the New York Times, Producer/Host of the Everyday Mindfulness Show, and columnist to countless industry publications she works with stressed-out leaders to create, peace, presence, and profits. Holly's career began in the world of non-profits and volunteer leadership teaching thousands of association staff and volunteers how to "reboot" for success. Today she takes the best of her strategic vision expertise, blends it with mindful leadership practices and her event background to curate experiential events that change hearts, minds and companies.

Our world has become mind less. Thru mindfulness training Holly works with you to know what mindfulness is, what it is not. Then apply your mindfulness techniques to produce more productive and profitable organizations.

Holly's was named Meetings Today 2018 Trend Setter for her applied mindfulness work and 2016 Smart Meetings Woman of the Year. Holly's current book Mindful Leadership: The Stress-Free Guide to leadership is a best seller and her award-winning book Ctrl+Alt+Believe: Reboot Your Association For Success has won two national awards. Holly believes mindfulness builds leaders and organizations that work for everyone.